



VALORI NUTRITIONALE AFERENTE MENIURILOR "BOTEZ"

BOTEZ CLASIC

ANTREU:

ICRE DE CRAP PE LAMAIE

Grăsimi (g): 58,

Glucide (g): 3, Proteine (g): 1.9, Sare (g): 1.6

BRANZETURI ASORTATE

Grăsimi (g): 12.2,

Glucide (g): 3.5, Proteine (g): 17.9, Sare (g): 2

MOZAIC DE MASLINE

Grăsimi (g): 10.7,

Glucide (g): 6.3, Proteine (g): 0.8, Sare (g): 0

TRANDAFIR DIN MUSCHI FILE

Grăsimi (g): 5.5,

Glucide (g): 2, Proteine (g): 21, Sare (g): 2.3

EVANTAI DE PASTRAMA AFUMATA

Grăsimi (g): 4,

Glucide (g): 0, Proteine (g): 32, Sare (g): 0.69

ROSIE CU CREMA DE BRANZA

Grăsimi (g): 23.5,

Glucide (g): 3.2, Proteine (g): 4.8, Sare (g): 0.31

SALATA VERDE, CASTRAVETE

Grăsimi (g): 0.3,

Glucide (g): 3.3, Proteine (g): 1, Sare (g): 0



GUSTARE CALDA:

SARAMURA DE PUI CU LEGUME SI MAMALIGUTA

Grăsimi (g): 6.22,

Glucide (g): 18.32, Proteine (g): 15.69, Sare (g): 1.68

FEL PRINCIPAL:

CEAFA DE PORC LA GRATAR ALATURI DE CARTOFI CU ROZMARIN SI SALATA
ASORTATA DE VARZA PROASPATA

Grăsimi (g): 4.5 din care:

Glucide (g): 5.9, Proteine (g): 13.9, Sare (g): 0.3



BOTEZ SILVER

ANTREU:

EVANTAI DE MUSCHI FILE

Grăsimi (g): 5.5,

Glucide (g): 2, Proteine (g): 21, Sare (g): 2.3

CHIFTELUTE DE PURCEL

Grăsimi (g): 11.2,

Glucide (g): 2, Proteine (g): 18.2, Sare (g): 1.8

RAFAELLO

Grăsimi (g): 7.8,

Glucide (g): 3.4, Proteine (g): 9.9, Sare (g): 3.6

TARTA CU ICRE DE CRAP SI GERMENI DE PRAZ

Grăsimi (g): 58,

Glucide (g): 3, Proteine (g): 1.9, Sare (g): 1.6

RULADA DIN PIEPT DE PUI

Grăsimi (g): 1.9,

Glucide (g): 5.51, Proteine (g): 12.6, Sare (g): 1.3

STICK CU BOCCONCINI SI ROSII CHERRY

Grăsimi (g): 10,

Glucide (g): 1, Proteine (g): 19, Sare (g): 0

CUPA CU SALATA FRESH SI PIEPT DE PUI

Grăsimi (g): 24.4,

Glucide (g): 9.8, Proteine (g): 35.6, Sare (g): 1.5

PASTRAMA AFUMATA TRADITIONAL

Grăsimi (g): 4,

Glucide (g): 0, Proteine (g): 32, Sare (g): 0.69



GUSTARE CALDA:

FRIPTURA DE PIEPT DE PUI CU LEGUME SOTE

Grăsimi (g): 0.8,

Glucide (g): 3.9, Proteine (g): 10, Sare (g): 1.5

FEL PRINCIPAL:

CEAFA DE PORC LA GRATAR ALATURI DE CARTOFI PARISIENNES SI SALATA DE VARZA ASORTATA

Grăsimi (g): 43.86,

Glucide (g): 19.97, Proteine (g): 17.1, Sare (g): 1.76



BOTEZ GOLD

ANTREU:

TRIUNGHI DE GORGONZOLA CU NUCA

Grăsimi (g): 27.6,

Glucide (g): 0.4, Proteine (g): 20, Sare (g): 1.2

GRUJOANE DE PUI

Grăsimi (g): 46.2,

Glucide (g): 32.9, Proteine (g): 12.72, Sare (g): 0.96

STICK CU BOCCONCINI SI ROSII CHERRY

Grăsimi (g): 10,

Glucide (g): 1, Proteine (g): 19, Sare (g): 0

RULADA DE PURCEL CU CARNATI

Grăsimi (g): 5.2,

Glucide (g): 4.1, Proteine (g): 21, Sare (g): 6.6

RAFFAELLO

Grăsimi (g): 7.8,

Glucide (g): 3.4, Proteine (g): 9.9, Sare (g): 3.6

TARTA CU ICRE DE CRAP SI GERMENI DE PRAZ

Grăsimi (g): 58,

Glucide (g): 3, Proteine (g): 1.9, Sare (g): 1.6

RULADA DE PUI CU LEGUME TRICOLORE

Grăsimi (g): 0.8,

Glucide (g): 3.9, Proteine (g): 10, Sare (g): 1.5

CUPA CU SALATA FRESH CU PIEPT DE PUI

Grăsimi (g): 24.4,

Glucide (g): 9.8, Proteine (g): 35.6, Sare (g): 1.5

PASTRAMA AFUMATA

Grăsimi (g): 4,



Glucide (g): 0, Proteine (g): 32, Sare (g): 0.69

GUSTARE CALDA:

FRIPTURA DE CURCAN CU LEGUME SOTE /

Grăsimi (g): 8,

Glucide (g): 0, Proteine (g): 20, Sare (g): 6.5

PASTRAV IN IERBURI DE PROVENCE CU LEGUME SOTE /

Grăsimi (g): 12.9

Glucide (g): 0, Proteine (g): 20, Sare (g): 9.6

SARAMURA DE CRAP CU LEGUME SI MAMALIGUTA

Grăsimi (g): 2

Glucide (g): 6.8, Proteine (g): 6.8, Sare (g): 0.2

FEL PRINCIPAL:

MIX GRILL: CEAFA DE PORC SI PIEPT DE PUI LA GRATAR ALATURI DE CARTOFI
FRANTUZESTI SI SALATA DE VARZA ASORTATA

Grăsimi (g): 61.2,

Glucide (g): 7.8, Proteine (g): 41.3, Sare (g): 3.5



BOTEZ PLATINUM

ANTREU:

TARTINA CU ICRE NEGRE

Grăsimi (g): 17.9,

Glucide (g): 4, Proteine (g): 24, Sare (g): 15

RULADA DE SPANAC CU CREMA FINA DE BRANZA

Grăsimi (g): 9.1,

Glucide (g): 3.7, Proteine (g): 9, Sare (g): 1

TERINA CU SOMON FUME

Grăsimi (g): 13.6,

Glucide (g): 0, Proteine (g): 19.9, Sare (g): 1.2

CHIFTELUTE MOZAIC

Grăsimi (g): 11.2,

Glucide (g): 2, Proteine (g): 18.2, Sare (g): 1.8

TRIUNGHI DE GORGONZOLA CU NUCA

Grăsimi (g): 27.6,

Glucide (g): 0.4, Proteine (g): 20, Sare (g): 1.2

STICK CU BOCCONCINI SI ROSII CHERRY

Grăsimi (g): 10,

Glucide (g): 1, Proteine (g): 19, Sare (g): 0

RULADA DIN PIEPT DE PUI CU LEGUME

Grăsimi (g): 0.8,

Glucide (g): 3.9, Proteine (g): 10, Sare (g): 1.5

CUPA CU SALATA FRESH

Grăsimi (g): 5.3,

Glucide (g): 5.9, Proteine (g): 1.2, Sare (g): 0.04

PASTRAMA AFUMATA TRADITIONAL

Grăsimi (g): 4,



Glucide (g): 0, Proteine (g): 32, Sare (g): 0.69

GUSTARE CALDA:

SARAMURA DUNAREANA DE CRAP CU SOS DE LEGUME SI MAMALIGUTA /

Grăsimi (g): 2,

Glucide (g): 6.8, Proteine (g): 6.8, Sare (g): 0.2

FILE DE SALAU PANE PE PAT DE OREZ CHINEZESC CU LEGUME ASIATICE /

Grăsimi (g): 28.4,

Glucide (g): 15, Proteine (g): 10.3, Sare (g): 0.5

CURCAN LA TAVA ALATURI DE PANACHE DE LEGUME

Grăsimi (g): 20.27,

Glucide (g): 22.4, Proteine (g): 18.8, Sare (g): 2.78

FEL PRINCIPAL:

MIX GRILL: MUSCHI DE PORC, PIEPT DE PUI, CARNATI LA GRATAR ALATURI DE
CARTOFI PARISIENNES SI SALATA DE ARDEI COPT

Grăsimi (g): 40.7,

Glucide (g): 6.5, Proteine (g): 30.8, Sare (g): 2.21