



## VALORI NUTRITIONALE AFERENTE MENIURILOR "NUNTA"

### NUNTA CLASIC

#### **ANTREU:**

ICRE DE CRAP PE LAMAIE

Grăsimi (g): 58,

Glucide (g): 3, Proteine (g): 1.9, Sare (g): 1.6

BRANZETURI ASORTATE

Grăsimi (g): 12.2,

Glucide (g): 3.5, Proteine (g): 17.9, Sare (g): 2

MOZAIC DE MASLINE

Grăsimi (g): 10.7,

Glucide (g): 6.3, Proteine (g): 0.8, Sare (g): 0

TRANDAFIR DE MUSCHI FILE

Grăsimi (g): 5.5,

Glucide (g): 2, Proteine (g): 21, Sare (g): 2.3

EVANTAI DE PASTRAMA AFUMATA

Grăsimi (g): 4,

Glucide (g): 0, Proteine (g): 32, Sare (g): 0.69

ROSIE CU CREMA DE BRANZA

Grăsimi (g): 23.5,

Glucide (g): 3.2, Proteine (g): 4.8, Sare (g): 0.31

SALATA VERDE, CASTRAVETE

Grăsimi (g): 0.3,

Glucide (g): 3.3, Proteine (g): 1, Sare (g): 0

#### **GUSTARE CALDA:**

SARAMURA DE PUI CU LEGUME SI MAMALIGUTA

Grăsimi (g): 5.8,



Glucide (g): 8.6, Proteine (g): 8.9, Sare (g): 1.1

**FEL PRINCIPAL:**

CEAFA DE PORC LA GRATAR ALATURI DE CARTOFI WEDGES SI SALATA ASORTATA

Grăsimi (g): 43.8,

Glucide (g): 19.9, Proteine (g): 17.1, Sare (g): 0.7



## **NUNTA SILVER**

### **ANTREU:**

#### ICRE DE CRAP PE LAMAIE

Grăsimi (g): 58,

Glucide (g): 3, Proteine (g): 1.9, Sare (g): 1.6

#### BRANZETURI ASORTATE

Grăsimi (g): 12.2,

Glucide (g): 3.5, Proteine (g): 17.9, Sare (g): 2

#### MOZAIC DE MASLINE

Grăsimi (g): 10.7,

Glucide (g): 6.3, Proteine (g): 0.8, Sare (g): 0

#### TRANDAFIR DE MUSCHI FILE

Grăsimi (g): 5.5,

Glucide (g): 2, Proteine (g): 21, Sare (g): 2.3

#### EVANTAI DE PASTRAMA AFUMATA

Grăsimi (g): 4,

Glucide (g): 0, Proteine (g): 32, Sare (g): 0.69

#### BARCUTA DE ARDEI ROSU CU CREMA DE BRANZA

Grăsimi (g): 23.9,

Glucide (g): 7.2, Proteine (g): 6.1, Sare (g): 0.71

#### SALATA VERDE, CASTRAVETE, ROSIE

Grăsimi (g): 0.6,

Glucide (g): 7.6, Proteine (g): 2.1, Sare (g): 0

### **GUSTARE CALDA:**

#### FRIPTURA DE PIEPT DE PUI LA CUPTOR ALATURI DE PANACHE DE LEGUME

Grăsimi (g): 12.9,

Glucide (g): 4.2, Proteine (g): 39.3, Sare (g): 3.7

### **FEL TRADITIONAL:**



SARMALUTE DE PURCEL IN FRUNZE DE VARZA CU MAMALIGUTA SI ARDEI IUTE

Grăsimi (g): 8,

Glucide (g): 11.1, Proteine (g): 7.2, Sare (g): 1.7

**FEL PRINCIPAL:**

CEAFA DE PORC LA GRATAR, ALATURI DE CARTOFI PARISIENNES SI SALATA DE VARZA ASORTATA

Grăsimi (g): 43.8,

Glucide (g): 19.9, Proteine (g): 17.1, Sare (g): 0.7



## **NUNTA GOLD**

### **ANTREU:**

TERINA DE PUI IN MANTIE DE SFECLA ROSIE

Grăsimi (g): 30,

Glucide (g): 2.4, Proteine (g): 14, Sare (g): 0.7

CRUTON CU ICRE DE CRAP SI GERMENI DE PRAZ

Grăsimi (g): 58,

Glucide (g): 3, Proteine (g): 1.9, Sare (g): 1.6

RULADA DE CASCAVAL CU LEGUME

Grăsimi (g): 25,

Glucide (g): 1, Proteine (g): 24, Sare (g): 2.3

GRUJOANE DE PUI IN CRUSTA DE SUSAN

Grăsimi (g): 13.6,

Glucide (g): 4, Proteine (g): 18, Sare (g): 5

CHIFTELUTE DE PURCEL MOZAIC

Grăsimi (g): 11.2,

Glucide (g): 2, Proteine (g): 18.2, Sare (g): 1.8

RULADA DE PUI CU LEGUME TRICOLORE

Grăsimi (g): 1.8,

Glucide (g): 5.5, Proteine (g): 12.6, Sare (g): 1.3

CUPA CU SALATA DE CRUDITATI SI PIEPT DE PUI

Grăsimi (g): 24.4,

Glucide (g): 9.8, Proteine (g): 35.6, Sare (g): 1.5

RULADA DE PURCEL CU CARNATI

Grăsimi (g): 5.2,

Glucide (g): 4.1, Proteine (g): 21, Sare (g): 6.6

### **GUSTARE CALDA:**

PASTRAV IN IERBURI DE PROVENCE CU LEGUME SOTE/



Grăsimi (g): 12.9

Glucide (g): 0, Proteine (g): 20, Sare (g): 9.6

#### FRIPTURA DE CURCAN CU PANACHE DE LEGUME

Grăsimi (g): 8,

Glucide (g): 0, Proteine (g): 20, Sare (g): 6.5

#### **FEL TRADITIONAL:**

SARMALUTE DE PURCEL IN FRUNZE DE VARZA CU MAMALIGUTA SI CU SOS DE SMANTANA

Grăsimi (g): 9,

Glucide (g): 12.1, Proteine (g): 8.2, Sare (g): 2.7

#### **FEL PRINCIPAL:**

MIX GRILL: CEAFA DE PORC SI PIEPT DE PUI LA GRATAR, ALATURI DE CARTOFI CONDIMENTATI ZDROBITI SI SALATA DE SFECLA ROSIE

Grăsimi (g): 61.2,

Glucide (g): 7.8, Proteine (g): 41.3, Sare (g): 3.5



## NUNTA PLATINUM

### ANTREU:

#### RULADA DE CASCAVAL CU LEGUME

Grăsimi (g): 25,

Glucide (g): 1, Proteine (g): 24, Sare (g): 2.3

#### RULADA DE SPANAC CU CREMA DE BRANZA FINA

Grăsimi (g): 9.1,

Glucide (g): 3.7, Proteine (g): 9, Sare (g): 1

#### TARTINA ICRE NEGRE

Grăsimi (g): 17.9,

Glucide (g): 4, Proteine (g): 24, Sare (g): 15

#### MEDALION DE PUI FUMME PE PORTOCALA

Grăsimi (g): 3,

Glucide (g): 2.5, Proteine (g): 21, Sare (g): 1.2

#### TRIUNGHI DE GORGONZOLA CU NUCA

Grăsimi (g): 27.6,

Glucide (g): 0.4, Proteine (g): 20, Sare (g): 1.2

#### RULADA DE PUI CU LEGUME

Grăsimi (g): 1.8,

Glucide (g): 5.5, Proteine (g): 12.6, Sare (g): 1.

#### STICK CU MOZAIC DE MASLINE

Grăsimi (g): 10.7,

Glucide (g): 6.3, Proteine (g): 0.8, Sare (g): 0

#### RULADA DE PURCEL CU CARNATI

Grăsimi (g): 5.2,

Glucide (g): 4.1, Proteine (g): 21, Sare (g): 6.6

#### CUPA CU SALATA DE CRUDITATI, PIEPT PUI SI MARAR

Grăsimi (g): 25.4,



Glucide (g): 9.8, Proteine (g): 38.6, Sare (g): 2.1

**GUSTARE CALDA:**

FILE DE SALAU IN CRUSTA DE MAIONEZA, CU GARNITURA DE BABY MORCOV,  
BROCOLLI SI SOS DE UNT CU LAMAIE/

Grăsimi (g): 32

Glucide (g): 7, Proteine (g): 46, Sare (g): 2

RULADA DIN PIEPT DE CURCAN PE PAT DE PANACHE DE LEGUME

Grăsimi (g): 8,

Glucide (g): 0, Proteine (g): 20, Sare (g): 6.5

**FEL TRADITIONAL:**

MIX DE SARMALUTE: SARMALUTE IN FOI DE VARZA SERVITE CU MAMALIGUTA SI  
SARMALUTE IN FOI DE VITA SERVITE CU SOS DE SMANTANA

Grăsimi (g): 9,

Glucide (g): 12.1, Proteine (g): 8.2, Sare (g): 2.7

**FEL PRINCIPAL:**

MIX GRILL: MUSCHI DE PORC, PIEPT DE PUI SI RULOU DE CARNATI DE PORC LA  
GRATAR, ALATURI DE CARTOFI PARISIENNES SI SALATA DE SFECLA ROSIE

Grăsimi (g): 87.2,

Glucide (g): 7.8, Proteine (g): 59.3, Sare (g): 3.5





## NUNTA DIAMANT

### ANTREU:

TERINA CU SOMON FUMME

Grăsimi (g): 13.6,

Glucide (g): 0, Proteine (g): 19.9, Sare (g): 1.2

RULADA DE SPANAC CU CREMA DE BRANZA FINA

Grăsimi (g): 9.1,

Glucide (g): 3.7, Proteine (g): 9, Sare (g): 1

CHIFTELUTE MOZAIC

Grăsimi (g): 11.2,

Glucide (g): 2, Proteine (g): 18.2, Sare (g): 1.8

TARTINA CU ICRE NEGRE

Grăsimi (g): 17.9,

Glucide (g): 4, Proteine (g): 24, Sare (g): 15

RULADA DE PURCEL CU CARNATI

Grăsimi (g): 5.2,

Glucide (g): 4.1, Proteine (g): 21, Sare (g): 6.6

RULADA DE CASCAVAL CU PIPER

Grăsimi (g): 25,

Glucide (g): 1, Proteine (g): 24, Sare (g): 2.3

STICK CU BOCCONCINI SI ROSII CHERRY

Grăsimi (g): 10,

Glucide (g): 1, Proteine (g): 19, Sare (g): 0

STICK CU MOZAIC DE MASLINE

Grăsimi (g): 10.7,

Glucide (g): 6.3, Proteine (g): 0.8, Sare (g): 0

RULADA DE PUI CU LEGUME

Grăsimi (g): 1.8,



Glucide (g): 5.5, Proteine (g): 12.6, Sare (g): 1.

**MUSCHIULET DE PURCEL AFUMAT TRADITIONAL**

Grăsimi (g): 4.3

Glucide (g): 1, Proteine (g): 18.2, Sare (g): 2.4

**GUSTARE CALDA:**

**FILE DE SOMON IN SOS REMOULADE CU CAPERE, BABY MORCOV SI BROCOLLI/**

Grăsimi (g): 30.3

Glucide (g): 9.6, Proteine (g): 22.7, Sare (g): 1

**RULADA DE CURCAN PE PAT DE PANACHE DE LEGUME**

Grăsimi (g): 8,

Glucide (g): 0, Proteine (g): 20, Sare (g): 6.5

**FEL TRADITIONAL:**

**MIX DE SARMALUTE: SARMALUTE IN FOI DE VARZA SERVITE CU MAMALIGUTA SI SARMALUTE IN FOI DE VITA SERVITE CU SOS DE SMANTANA**

Grăsimi (g): 9,

Glucide (g): 12.1, Proteine (g): 8.2, Sare (g): 2.7

**FEL PRINCIPAL:**

**MUSCHIULET DE PORC IMPLETIT IN MANTIE DE IERBURI PE PAT DE CEAPA CAMELIZATA, CARTOFI ZDROBITI SI SALATA DE ARDEI COPTI**

Grăsimi (g): 37.1,

Glucide (g): 19.9, Proteine (g): 18.1, Sare (g): 0.7